



Youth Track & Field



Sponsored by Barre City & Town Recreation

Coach: Angela LaCroix

Do you like to run, jump, throw a softball and meet new friends? If this sounds fun we encourage you to join our summer Track & Field program! We will teach you how to improve your throwing distance, increase your running speed and introduce new skills that are offered at track and field events. Participants who meet certain age requirements will have an opportunity to participate in the V.R.P.A. track meet in St. Johnsbury, Vermont, July 29, 2017.

Who: Boys & Girls 7—14 years of age

When: Monday/Wednesday June 19/21
Tuesdays/Thursdays

June 27, 2017— July 26, 2017

Time: 5:30 p.m.—6:30 p.m.

Where: Spaulding High School Track
Ayer Street

Fee: \$30.00

Info: All registrations must be done prior to the start of the program. Anyone with questions should contact the Recreation Department at 476-0257.

SAVE THE DATE

V.R.P.A. Track Meet

July 29, 2017

(Must be 7 to 14 years of age
on August 31, 2017 and were not a freshman
in high school)

**Early commitment is
required for the track
meet.**



Parent volunteers are appreciated—if interested contact the Recreation Department at 476-0257 or meet with Coach LaCroix at the track. We would appreciate help with the practices, registering and preparing for meets, fundraising, etc.
- Many opportunities!